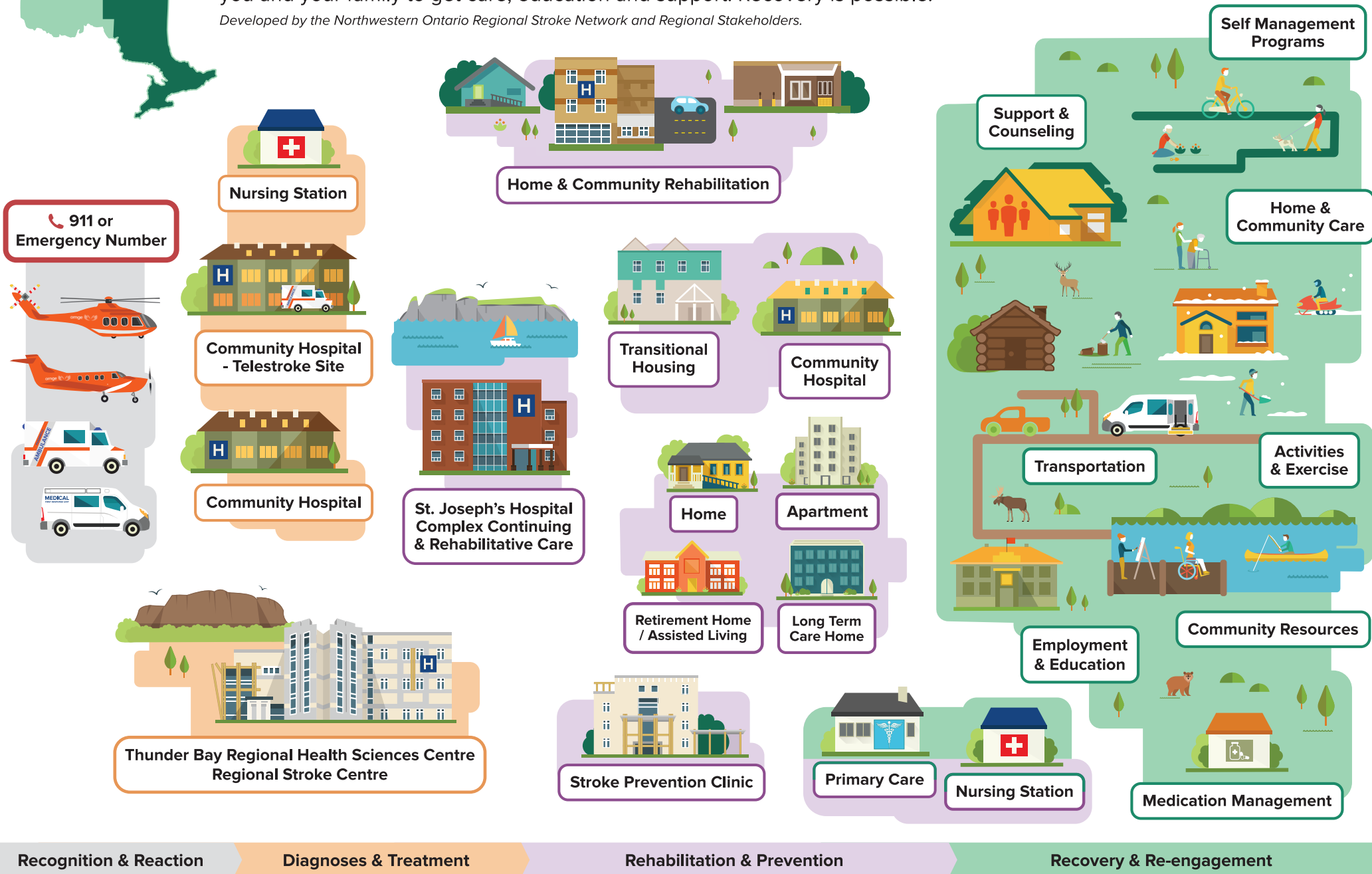




# A STROKE SURVIVOR'S JOURNEY IN NORTHWESTERN ONTARIO

After stroke, the journey to recovery is different for everyone. There are many people and groups that can help you and your family to get care, education and support. Recovery is possible.

Developed by the Northwestern Ontario Regional Stroke Network and Regional Stakeholders.



Telemedicine options may be available in your community. Consult your health care provider for more information.

For more information: [www.nwestroke.ca](http://www.nwestroke.ca) | 807-684-6703 | [nwestroke@tbh.net](mailto:nwestroke@tbh.net)