

# Stroke Prevention Clinics

Stroke prevention clinics promote continuity of care between acute care facilities, the patient, their family and caregivers, and their primary care providers.

These outpatient clinics are for patients 17 years old and older, who are presenting with a history of transient ischemic attack (TIA), mild stroke symptoms or previous stroke.

## Benefits of a Stroke Prevention Clinic

- Conduct detailed assessments and identify risk factors for stroke
- Facilitate timely access to appropriate diagnostic testing and interventions
- Provide comprehensive education to patients and families
- Enhances access to specialty care utilizing in-person or virtual eVisits

The Northwestern Ontario stroke system supports two distinct prevention clinic models:  
**Secondary** and **Community**

### Secondary

- Access to expedited treatment and carotid revascularization
- A coordinated interprofessional team approach
- Staff: Neurologist, Nurse Practitioner and Dietitian
- Location: Thunder Bay

### Community

- Monitor risk factors for stroke and assist with lifestyle strategies to prevent reoccurrence
- Staff: Registered Nurse
- Locations: Kenora, Sioux Lookout, Fort Frances, Marathon

## Referral Process

- Complete the Stroke Prevention Clinic referral form found at: [nwostroke.ca](http://nwostroke.ca)
- All referrals are triaged for urgency using best practice recommendations